

FOOD ASSISTANCE RESOURCES

2017

Name & Location	Phone Number	Days/Hours	Services Provided
MEAL SITES			
First Lutheran Church Saturday Evening Meal Program 1000 3 rd Avenue SE Cedar Rapids, IA 52403 [Bus Routes: # 3 or # 6]	365-1494	Saturday from 4:30 PM to 5:30 PM (Evening Meal).	Warm, nutritious meal. Seconds as available. No limitations or qualifications for service. Personal toiletries available on the 4 th Saturday of the month.
First Presbyterian Church Sunday Evening Meal 310 5 th Street SE Cedar Rapids, IA 52401 [Bus Routes within two blocks: # 5B, #5N, #5S, #6, # 9]	364-6148	Sunday from 4:30 PM to 5:30 PM (Evening Meal).	Warm, nutritious meal. Seconds as available. No limitations or qualifications for service. Will try to assist with other needs as well. Winter season coats available from Thrift Shop on limited basis. Occasionally sample sizes of personal toiletries available.
Green Square Meals 605 2 nd Avenue SE Cedar Rapids, IA 52401 [Bus Routes within one block: #2, #3, #5N, #5B, #5S and #6]	365-6652	Monday through Friday from 4:30 PM to 5:30 PM (Evening Meal).	Warm, nutritious meals. No limitations or qualifications for service.
Heritage Area Agency on Aging 6301 Kirkwood Blvd SW Cedar Rapids, IA 52404	398-5559	Monday through Friday from 8:00 AM to 5:00 PM.	Call for listing of senior dining sites in Benton, Cedar, Iowa, Johnson, Jones, Linn, & Washington Counties.
Mission of Hope 1700 B Avenue NE Cedar Rapids, IA 52402 [Bus Route within 2 blocks: # 5, #5B, #5N and #5S]	362-1782	Monday through Friday from 9:00 AM to 3:00 PM. Lunch available Monday through Friday from 12:00 PM to 1:00 PM.	Services include free lunch, food pantry, emergency clothing, worship service, bible study and support group.

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You may also choose to search the new United Way 2-1-1 website for resources at www.firstcallforhelpiowa.org.

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Neighborhood Meal & Enrichment Program St. Paul's United Methodist Church 1340 3 rd Avenue SE Cedar Rapids, IA 52403 [Bus Route: # 3]	363-2058	Monday through Friday from noon to 1:00 PM only in the summer months (June – August) when school is not in regular session (Noon Meal). Closed on July 4 th .	Warm, nutritious meal. Seconds as available. No limitations or qualifications for service. Service is especially for children, families and others in need. St. Paul's serves Wellington Heights, Moundview and Oakhill neighborhoods.
Summer Meals Sites			http://www.linncounty.org/DocumentCenter/View/3203
The Salvation Army Meal Program 1000 C Avenue NW Cedar Rapids, IA 52405 [Bus Route within one block: # 8]	364-9131	Meals served Monday through Friday from 8:00 AM to 9:00 AM (Breakfast) and 12:00 PM to 1:00 PM (Noon Meal), except for major holidays.	Warm, nutritious meal. No limitations or qualifications for service.
OTHER FOOD ASSISTANCE			
Bridgehaven Pregnancy Support Center 701 Center Point Road NE Cedar Rapids, IA 52402 [Bus Route: # 6]	364-8967	Monday and Thursday from 10:00 AM to 7:00 PM; Tuesday, Wednesday and Friday from 10:00 AM to 5:00 PM.	Services provided to pregnant women and parents with children under 18. Referrals to other services. Must enroll in Earn While You Learn Program for men and women. One-time food assistance for non-clients. Benefits provided to weekly class attendees. Interview necessary. Ultrasounds. Pregnancy testing. Post-abortion counseling. Adoption/childrearing counseling.
Cedar Hill Community Church Open Hands Food Pantry 6455 E Avenue NW Cedar Rapids, IA 52405 [Bus Route within four blocks: # 8]	396-6608	Monday from 5:00 PM to 6:00 PM, Wednesday and Friday from 10:00 AM to 1:00 PM.	Provides pre-packaged food to families in need. Must bring ID or Driver's License. Can access once a calendar month.
Central City United Church of Christ Food Pantry 38 N. 5 th Street Central City, IA 52214	329-3271	1 st and 3 rd Wednesdays from 6:00 PM to 6:30 PM and by appointment.	Provides food and toiletries for eligible people. Can be accessed once a month.
Christ Holiness Apostolic Temple The King's Kitchen 355 19 th Street SE Cedar Rapids, IA 52403 [Bus Route: # 2 or # 9]	365-9594	3 rd Wednesday of the month from 1:00 PM to 3:00 PM. Open on the last Friday of each month from 1:00 PM to 3:00 PM.	Food available for people in need.

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Church of God 7th Day Food Pantry 1691 Airport Road Marion, IA 52302	377-8505	Thursdays from 12:00 pm to 3:00 pm.	Food and clothing given away every Thursday, free of charge. Anyone is eligible. On each visit, the name, address, and number of members in the household are required in order to receive food.
Churches of Marion Pantry 864 12 th Street Marion, IA 52302 [Bus Routes within two blocks of Marion Square: # 5N or 5S]	377-7309	Tuesday and Thursday from 1:00 PM to 3:00 PM.	A one-week supply of food per family. Can be accessed once per month or once per week, as determined. Persons who receive food stamps are not eligible for food and paper supplies except in emergency situations.
Crossroads Mission 1006 2 nd Street SW Cedar Rapids, IA 52404 [Bus Route: # 11]	365-0707	Tuesday through Friday from 10:00 AM to 4:00 PM.	Food and seasonable clothing available for people in need. Showers and laundry facilities available.
Department of Human Services 411 3 rd Street SE Suite 300 Cedar Rapids, IA 52401 [Bus Routes within one block to entrance: # 2, # 3, # 5B, # 5N, # 5S, # 8, # 10]	892-6800 or 892-6700	Monday through Friday from 8:00 AM to 4:30 PM.	Food assistance program offered. Must meet eligibility guidelines. Walk-ins accepted only if check-in paperwork is completed before 3:00 PM.
Family and Community Health Alliance HACAP P.O. Box 490 1515 Hawkeye Drive Hiawatha, IA 52233	393-7811	Monday through Friday from 8:00 AM to 4:30 PM. Evenings twice a month.	WIC program, for pregnant and postpartum women and children under the age of 5, is accessible through Family and Community Health Alliance. Provides nutritious food, nutrition education and referrals.
First Baptist Church – Marion 29 th Street Mission 1260 29 th Street Marion, IA 52302	377-3275	Monday, Tuesday, Thursday, Friday 8:30 AM to 11:00 AM. Closed on Wednesdays	Small food pantry. Small clothes closet. Once a week emergency supply of food and clothing for those in need.
First Church of the Open Bible 1911 E Avenue NW Cedar Rapids, IA 52405 [Bus Route: # 1]	389-4681	Orders taken on Mondays from 9:00 AM to 11:00 AM. Must call and make appointment for pick-up on Thursday.	Food available for people in need. Must call to make an appointment.

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First Presbyterian Church – Marion 802 12 th Street Marion, IA 52302	377-7309	Tuesday and Thursday from 1:00 PM to 3:00 PM.	Provides an emergency supply of food.
First United Methodist Church – Marion Feeding Lunches to Youth (FLY) Program 1298 Seventh Avenue Marion, IA 52302	377-4856	Monday through Friday at noon when school is not in session; during the summer months (June- August) and spring breaks.	Serves free sack lunches to students; one sack per person. Lunches are served from noon until they are all gone or when there is no else to be served. Service is available in Marion and Cedar Rapids. Please call for service locations.
Green Square Grocery Giveaway 605 2 nd Avenue SE Cedar Rapids, IA 52401 [Bus Routes within one block: #2, #3, #5N, #5B, #5S and #6]	365-6652	December – March: Every 3 rd Saturday from 9:00AM – 11:00AM April – November: Every Saturday 9:00AM – 11:00AM	Provides 1 to 2 weeks’ worth of food. Toiletries are upon availability. Anyone eligibility.
Heritage Area Agency on Aging 6301 Kirkwood Blvd SW Cedar Rapids, IA 52404	398-5559	Monday through Friday from 8:00 AM to 5:00 PM. Home-delivered noon meal for seniors.	Call for home delivered meal assistance in Benton, Cedar, Iowa, Johnson, Jones, Linn & Washington Counties. In Linn County, contact Horizons, a Family Service Alliance.
Horizons – A Family Service Alliance Meals on Wheels Program 819 5 th Street SE Cedar Rapids, IA 52401 [Bus Route within one block: #3, # 4, and # 5]	398-3574 or 1-800-826-3574	Serving hot meals (home delivery) Monday through Friday.	A hot noon meal is delivered to clients who are 60 years of age and older, homebound and unable to prepare a meal by themselves. Other meal options (i.e.: breakfast bag, liquid resources, etc.) are available to those enrolled in the program. Nutrition program available in Linn County; noon meals are served. Voluntary donations accepted. Please call for more information.
Linn Community Food Bank Pantry First Presbyterian Church 310 5 th Street SE Cedar Rapids, IA 52401 (Alley entrance, lower level) [Bus Route within one block: #2, #5B, #5N, #5S and #6]	364-3543	Food distribution to clients: Monday through Friday from 1:00 PM to 3:15 PM.	The Linn Community Food Bank provides a 3 day emergency supply of food to families in need on a first come/first served basis. You must register at the food bank. To do so, a picture ID is required for the Head of Household. Also, proof of Social Security number (SSN) is required for yourself and every member of your household before you can place your first order. Once you are registered, you only need a valid photo ID to place an order. You can add (with proof of SSN) or remove family members from your household throughout the year. Clients eligible to use food bank 12 times per year. www.linncommunityfoodbank.org

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Linn County Veteran Affairs Community Service Building of Linn County 1240 26 th Avenue Court SW Cedar Rapids, IA 52404 [Bus Route: # 12]	892-5160	Monday through Friday from 11:00 AM to 3:00 PM.	Provides temporary emergency assistance for food and non-food items for veterans who served a minimum of 90 days of active duty beyond training and received an honorable discharge. Must provide a copy of your DD214.
Loaves and Fishes 1251 3 rd Avenue SE Cedar Rapids, IA 52403 [Bus Route within one block: # 6]	848-7156 or 360-5059	Tuesdays from 3:00 PM to 5:00 PM.	Breads/pastries as available. No qualifications, just a need for food. At your first visit, we ask for address and phone number of people in the home. Every week ask for number of people in the home with age breakdown.
Metro Catholic Outreach 420 6 th Street SE, Suite 120 Cedar Rapids, IA 52401	739-5490	Office hours: Monday through Thursday from 9:00 AM to 3:00 PM. <u>Food distribution:</u> Wednesday 1:00 PM to 3:00 PM, Thursday 10:00 AM to 12:00 PM and 5:30 PM to 6:00 PM.	Offers a food pantry for those in need. The food pantry can be accessed once a month. Call to sign up for pantry time.
Mission of Hope 1700 B Avenue NE Cedar Rapids, IA 52402	365-1782	Monday through Saturday from 12:00 PM to 1:00 PM.	One bag of food given out per address, must wait at least two weeks in between visits. Free meals served Monday through Friday from 12:00 PM to 1:00 PM.
Northeast Linn Food Pantry Falcon Center 137 North 4 th Street Central City, IA 52214	438-6691	Monday through Friday from 8:00 AM to 2:00 PM.	Five day supply of packaged and non-perishable food depending upon family size and food available. Can be accessed once per month. Limited to residents in the North Linn, Central City, Center Point, Springville, & Alburnett School Districts, with a need for food.
Olivet Neighborhood Mission 230 10 th Street NW Cedar Rapids, IA 52405 [Bus Routes : # 1 or # 8]	364-7946	Tuesday through Friday from 8:30 AM to 11:30 AM; Saturday from 8:30 AM to 11:30 AM.	Food box once per month. Identification required. No appointment necessary.
River of Life 3801 Blairs Ferry Rd NE Cedar Rapids, IA 52402 [Bus Route: # 6]	393-3709	Wednesday from 8:00 AM to 10:00 AM.	Can be accessed once a month. Picture identification required. Two grocery bags.

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Sacred Heart Catholic Church – Walker 516 Rowley Street Walker, IA 52352	448-4241	Food pantry service by appointment only.	Food pantry for those in need. Can be visited once a month.
St. Vincent de Paul 928 7 th Street SE Cedar Rapids, IA 52401 [Bus Route # 2]	365-5091	Monday through Saturday from 9:00 AM to 4:00 PM. Food boxes distributed from 9:00 AM to 2:00 PM.	Food depends on quantity available. Must complete application with name, address, age, income and provide identification. May access only once every 3 months.
Share Iowa Cedar Rapids & Marion, Iowa	800-344-1107 or 641-673-4000	Call for information Monday through Friday from 8:00 AM to 4:30 PM	Distributes food once per month. Call for information on sign up dates and local sites. Fees charged. Required volunteer hours.
Southeast Linn Community Center 108 South Washington Lisbon, IA 52253	455-2844	Monday through Friday from 8:00 AM to 3:00 PM, or by appointment.	Participants receive supplemental supply of groceries on a weekly basis. The amount of food is dependent on house size. Delivery is available to those seniors who are homebound. Emergency food assistance is also available. Must be a resident of the Lisbon and Mount Vernon School District.
Springville Area Neighborhood Services Internship (SANSI) Springville Community Center 259 Broadway Street Springville, IA 52336	854-6100	Monday through Thursday from 8:00 AM to 1:00 PM.	Seven day supply of non-perishable foods. Can be accessed once per month. Limited to residents in the Springville Community School District, with a need for food. Please call ahead.
The Salvation Army Food Pantry 1000 C Avenue NW Cedar Rapids, IA 52405 [Bus Route within one block: # 8]	364-9131	By appointment Monday through Friday 8:30 AM to 4:30 PM. Office closed Noon to 1:00 PM.	Can access every other month. Appointment only, ask for Susanne, bring identification and Social Security card.
The Salvation Army Mobile Feeding Program 1000 C Avenue NW Cedar Rapids, IA 52405 [Bus Route within one block: # 8]	364-9131	Every Saturday @ Sites: Mission of Hope - 8:00 AM Willis Dady Shelter - 8:15 AM Salvation Army - 8:30 AM	The Army is using its mobile kitchen unit known as a canteen to provide food and outreach services. Those in need can receive breakfast items such as Oatmeal Danish and coffee along with a "to-go" sack lunch.

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VA Community Resource and Referral Center (CRRC) 1535 1 st Avenue SE Cedar Rapids, IA 52403	365-0898	Monday through Friday from 8:00 AM to 4:00 PM.	Food pantry for VA eligible VETERANS only. Can be accessed once a month.

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