

EMPLOYMENT RESOURCES

2017

Name & Location	Phone Number	Days/Hours	Services Provided
GENERAL RESOURCES			
Iowa Legal Aid 317 7 th Avenue SE, Suite 404 Cedar Rapids, IA 52401-2007	364-6108 800-532-1275	Office hours: Monday through Friday from 8:30 AM to 4:30 PM. Phone applications are taken Monday through Friday, 9:00 AM to 11:00 AM and 1:30 PM to 3:30 PM, except Thursday afternoons. Emergency applications accepted on Thursday afternoons.	Iowa Legal Aid can help with unemployment benefits and wage garnishments. Assistance also available for family law, custody and landlord issues. Free legal services provided for people who meet income and asset guidelines.
IowaWORKS 4444 1 st Avenue NE, Suite 436 (Lower level Lindale Mall) Cedar Rapids, IA 52402	365-9474	Monday, Tuesday, Thursday and Friday 8:30 AM to 4:30 PM; Wednesday 9:00 AM to 4:30 PM.	<p>The Iowa Works team provides many free services including: Unemployment insurance applications and assistance, computer training (internet, word, keyboarding, excel and email), access to computers and printers, one-on-one assistance with job search, resume critiques, mock interviewing, National Career Readiness Certification testing, workshops to enhance job search skills to be successful in the ever evolving job search arena, networking opportunities for job seekers and regional job fairs and many other opportunities.</p> <p>The Workforce Innovation and Opportunity Act funds also provide access to a variety of affordable training, education resources, work-based learning opportunities, and supports for in-school/out of school youth (14-24), adults (18+), dislocated workers, low-skilled or low-income persons with the vision to build a Future Ready Iowa with a pipeline of workers who are prepared to meet the workforce needs of Iowa's current and emerging industries.</p>
Kirkwood Career Services Iowa Hall, 108 6301 Kirkwood Blvd SW Cedar Rapids, IA 52404	800-332-2055 x5540	Office hours: Monday through Friday from 8:00 AM to 5:00 PM. Call for more information.	Kirkwood's Career Services is a free resource to our students, alumni, and community members. We offer free workshops to assist in job seeking skills, or the career decision making process. For a list of our few services along with dates and times please visit: http://www.kirkwood.edu/careerservices . We also have a free job posting site open to all at www.kirkwood.edu/jobs . Services open to students and non-students, free of charge.
Promise Jobs 4444 1 st Avenue NE, Suite 436 (Lower level Lindale Mall) Cedar Rapids, IA 52402	365-9474	Monday, Tuesday, Thursday and Friday 8:30 AM to 4:30 PM; Wednesday 9:00 AM to 4:30 PM.	Must be receiving Family Investment Program (FIP) benefits to qualify for service. Services and activities include job seeking skills, assessments, career counseling, training, group and individual job search, unpaid work experience, vocational training, and post-secondary training. Transportation and childcare assistance available while you job search or participate in training. Work clothes and uniform funding may be available.

For more information regarding community resources, contact United Way 2-1-1 by phone at 2-1-1, 319-739-4211, or 1-866-469-2211.

You may also choose to search the new United Way 2-1-1 website for resources at www.firstcallforhelpiowa.org.

To obtain a copy of the Resource Charts, go to www.linncounty.org/communityservices or contact Linn County Community Services at 892-5600.

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OLDER WORKER RESOURCES			
AARP Foundation Senior Employment 819 5 th Street SE Cedar Rapids, IA 52401	366-0258 (for age 55+)	Monday through Friday, from 9:00 AM to 2:00 PM.	Administers the Senior Community Service Employment Program (SCSEP). SCSEP helps low-income job seekers age 55+ gain the skills needed to re-enter or remain in the workforce. Provides participants with temporary training and income to prepare them for finding employment in the community.
Senior Internship Program 2976 99 th Street Urbandale, IA 50322	319-505-3243	Monday, Tuesday, Thursday and Friday 8:30 AM to 4:30 PM; Wednesday 9:00 AM to 4:30 PM.	Employability assessment; supportive services; job search/placement assistance; career counseling; linkage to available education and training providers; paid community service training. Age 55 or older. Those meeting income guidelines may be eligible for paid community service training. Age 55 or older are eligible for job search/placement assistance. Income guidelines are 125% of the federal poverty guidelines. Free computer training to Linn County residents 55+.
RESOURCES FOR PERSONS WITH DISABILITIES			
Goodwill of the Heartland 1441 Blairs Ferry Road NE Cedar Rapids, IA 52402	739-5011 866-466-7881	Monday through Friday, from 8:00 AM to 4:30 PM.	On-site training facility. Placement services and job coaching. If person is employed, Goodwill can provide on-site job coaching. Self-referrals from Supportive Community Living, Case Management, Vocational Rehabilitation, MHDD, Abbe Mental Health, Abbe Community Care. Provide documentation of disability.
Iowa COMPASS 100 Hawkins Drive, #295 Iowa City, IA 52242 iowa-compass@uiowa.edu	800-779-2001 TTY: 877-686-0032	Monday through Friday from 8:00 AM to 5:00 PM.	Iowa Compass has information about programs and services for Iowans with disabilities, their families and service providers. Access thousands of unique local, state and national programs for people with health related conditions and disabilities. Call, email or search the website for answers to your disability-related questions. www.iowacompass.org
Iowa Department for the Blind 524 4 th Street Des Moines, IA 52309	800-362-2587 (Des Moines)	Monday through Friday from 8:00 AM to 4:30 PM. If no answer, please leave message.	Vocational planning and job placement for persons who are blind or visually impaired. Independent living services, library service for blind and physically handicapped.
Iowa Vocational Rehabilitation Services 4444 1 st Avenue NE Cedar Rapids, IA 52402 (Lower Level, Lindale Mall)	294-9308	Monday through Friday from 8:00 AM to 4:30 PM.	Career counseling. Assistive technology. Skill/academic training. Physical restoration. Job development and placement. Worksite modification. Employer education and follow-up. Tools/work equipment. Must have documented disability which causes some problems in getting, preparing for or keeping a job. Must be able to work.

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Options of Linn County 1240 26 th Avenue Court SW Cedar Rapids, Iowa 52404	892-5800	Monday through Friday, from 7:30 AM to 4:30 PM.	Offers Day Habilitation services. To be eligible for the services, you must have a diagnosed disability and have pre-approved funding for the services such as Medicaid waiver funding, regional or state funding. Please call for more information.
Systems Unlimited 4089 21 st Avenue SW, Suite 213 Cedar Rapids, Iowa 52404	364-1985 or 800-401-3665	Monday through Friday, from 8:00 AM to 5:00 PM. Supported Employment, any hours.	Provides job exploration and preparation, job placement and coaching for any individuals with barriers to employment. Day programming, volunteer opportunities, movies, arts and crafts, computer classes and cooking classes.
RESOURCES FOR OTHER POPULATIONS			
Bureau of Refugee Services 1914 Carpenter Avenue Des Moines, IA 50314	800-362-2780 or 515-875-5600	Monday through Friday, from 8:00 AM to 4:30 PM.	Employment services designed to enable refugees to obtain employment and improve their employability or work skills. Services may include: developing an employability plan or a Family Investment Agreement, completing a skill assessment, assisting with job search and completing job applications, interpreting for job orientation, job upgrades, developing resumes, and job skills training.
Cedar Rapids Vet Center River Center Ct. Building 4250 River Center Ct. NE, Suite D Cedar Rapids, IA 52402-7548	378-0016 or 877-927-8387	Monday, Wednesday and Thursday from 8:00 AM to 7:00 PM; Tuesday and Friday from 8:00 AM to 5:00 PM. 1 st Saturday of the month from 8:00 AM to 4:30 PM.	Counseling services for combat veterans including individual, group, marriage and family counseling. Military sexual trauma and bereavement counseling for veterans.
Vocational Rehabilitation & Employment for Service Disabled Veterans 1642 42 nd Street NE, Suite I Cedar Rapids, IA 52402	378-5582 or 378-5583	Monday through Friday, from 8:00 AM to 4:30 PM.	Employment training assistance and independent living services are provided to Veterans with service-connected disabilities rated at least 20% or more by the Veterans Administration. Based on eligibility.

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