



FAMILY & YOUTH RESOURCES

2019

Name & Location	Phone Number	Days/Hours	Services Provided
FAMILY			
Four Oaks 1924 D Street SW Cedar Rapids, Iowa 52404	319-363-0636	8 AM - 6 PM	Behavioral Health Intervention Services (BHIS), Family Safety Risk & Permanency (FSRP) services, Family Connections Four Oaks Foster & Adoptive Family Connections is responsible for services to foster and post-adoptive families in 69 counties throughout central and eastern Iowa. These services include foster and adoptive family recruitment, retention, pre-service training, licensing, and on-going and crisis support. For more information please visit https://iowafosterandadoption.org/ Email: info@fouroaks.org
Arc of East Central Iowa 680 2nd St SE, Ste 200 Cedar Rapids, IA 52401	319-365-0487	Monday - Friday 8 AM - 4:30 PM	Provides an array of services including: Respite, Daycare, Family Support, Supported Community Living, Consumer Directed Attendant Care and home-based Habilitation. Provides services under the Brain Injury, Elderly, Intellectual Disability, Health and Disability, and Children's Mental Health Waiver and Habilitation services.
Area Substance Abuse Council 3601 16th Ave SW Cedar Rapids, IA 52404	319-390-4611	Monday - Thursday 8 AM - 8 PM Friday 8 AM - 5 PM Walk ins Mondays 10 AM and 2 PM Tuesdays at 11 AM Wednesdays at 2 PM Arrive one hour prior	Community assistance to combat alcohol, tobacco, and other drug use, curriculum facilitation, series of sessions on substance abuse related topics. Substance abuse evaluations. Outpatient and residential substance abuse treatment. Halfway house program, youth residential program, youth outpatient counseling. www.asac.us
Downtown Office: 317 7th Ave SE, Ste 203 Cedar Rapids, IA 52402	319-247-4873	Monday - Thursday 8 AM - 8 PM Friday 8 AM - 5 PM	Extended and Intensive Outpatient Treatment. Aftercare. Gender and Cultural Specific counseling.
East Office: 4837 1st Ave SE, Ste 206 Cedar Rapids, IA 52402	319-447-1921	Monday - Thursday 8 AM - 8 PM Friday 8 AM - 5 PM Walk ins at Tuesdays at noon.	Assessments Extended and Intensive Outpatient Treatment. Individual & Family Therapy. Aftercare.
Heart of Iowa: 4050 Bowling St SW Cedar Rapids, IA 52404	319-862-1050	Monday - Thursday 8 AM - 8 PM Friday 8 AM - 5 PM	Residential and Halfway House Treatment services and counseling for pregnant women and women with children. Individual and Group Outpatient Treatment for Adult Women.
The Way Home: 5480 Kirkwood Blvd SW, Ste 100 Cedar Rapids, IA 52404	319-363-3985	Monday - Thursday 8 AM - 8 PM Friday 8 AM - 5 PM	ASAC's transitional housing program for recovering families is a 24 unit apartment complex that includes sixteen 2-bedroom units, and eight 3-bedroom units. Each apartment includes washer/dryer, dishwasher, stove, refrigerator and microwave. There is also a playground for the children, and a Community room for gatherings. Accepts Section 8 vouchers.
Prevention: 3536 18th Ave SW Cedar Rapids, IA 52404	319-390-1884	Monday - Thursday 8 AM - 5:30 PM Friday 8 AM - 5 PM	Science-based substance abuse prevention programming. Mentoring certification assistance. Workplace drug and tobacco policy development. Coalition building. Tobacco cessation services.

For more information regarding community resources, contact United Way 2-1-1 on a landline telephone at 2-1-1, by cellphone at 319-739-4211, or 1-866-469-2211. You may also choose to search the new United Way 2-1-1 website for resources at www.211iowa.org.
To obtain a copy of the Resource Charts, go to www.linncounty.org/communityservices or contact Linn County Community Services at 319-892-5600. For questions about the Resource Charts, contact Linn County Community Services at 319-892-5600.

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Cedar Rapids Family Home Child Care Association 1915 29th Street NW Cedar Rapids, IA 52405	319-362-3960	Varies Call for assistance Website is best form of contact for child care referrals (use referral tab)	A group of in home registered child development home providers that provide DHS approved training and support to other registered child development home providers. Also provides DHS approved child care referrals. This is not a resource for crisis care. For more information, go to: www.crfhcca.org .
Cedar Rapids Public Library 450 5th Ave SE Cedar Rapids, IA 52401	319-261-7323	Monday - Thursday 9 AM - 8 PM Friday & Saturday 9 AM - 5 PM	The Cedar Rapids Public Library is more than a place to find a good book, as it provides many programs each month. For children, story times and toddler times are given; families will enjoy the special programs and book discussions. Computer classes are offered in the technology learning center. Cedar Rapids Public Library is also home to the Opportunity Center offices and other reference services. Computerized databases help library users' access information quickly. Internet access is provided along with word processing stations and more. It is also accessible to those individuals with physical disabilities. www.crlibrary.org opportunitycenter@crlibrary.org 319-739-0456
Center Point Public Library 720 Main St Center Point, IA 52213	319-849-1509	Monday & Thursday 1 PM - 8 PM Tuesday 8:30 AM - 1 PM Wednesday 1 PM - 8 PM Friday 8:30 AM - 5:30 PM Saturday 10 AM - 2 PM Closed on Sunday	The Center Point Public Library is a destination in the community and surrounding area. People gather for meetings, attend special events and programming for all ages, use technology for distance learning and borrow from the 22,000 physical items and over 12,000 digital items available for education and entertainment. Early literacy and summer reading activities bring a wealth of advantages to growing minds. With an expansion project started, more services will be available once the construction is complete in early 2016. Find us on line with Facebook or at www.centerpoint.lib.ia.us
City of Cedar Rapids Parks and Recreation Department— NW Recreation Center 1340 11th St NW Cedar Rapids, IA 52405	319-286-5566	Monday - Friday 8 AM - 9 PM Saturday 12 PM - 6 PM Sunday 12 PM - 4 PM	The Parks and Recreation Department manages over 3,360 acres of city owned property. In addition to 96 areas formally named, there are hundreds of acres held in reserve as undeveloped green space for future park expansion and flood control. We operate and maintain facilities for public use including four municipal golf courses, six swimming pools, splash pads, 24 pavilions, Ushers Ferry Historic Village, Old MacDonald's Farm in Bever Park, Tuma Soccer Complex, Tait Cummins Sports Complex, Noelridge Park Greenhouse, and trails. The parks system receives countless visits each year. We offer more than 1,500 recreation programs annually. There is something of interest for every age and ability level. Programs are listed in the Play! guide which appears in the November, March and May issues of Our CR magazine. Attendance for aquatic and recreation programs totals more than 300,000 annually. www.crrec.org
City Services Center (CSC) 500 15th Ave SW Cedar Rapids, IA 52404	319-286-5802	Monday - Friday 7:30 PM - 4:30 PM	The Coggon Public Library offers fiction and non-fiction books, DVD'S, audio books, WiFi, internet access and interlibrary loan service. Meeting space is available. A summer reading program and weekly story hours are offered. A book club meets monthly. Website: www.coggonpubliclibrary.org
Coggon Public Library 216 E. Main St Coggon, IA 52218	319-435-2542	Closed Sunday & Monday Tuesday 9 AM - 6 PM Wednesday & Friday 9 AM - 5 PM Closed Thursday Saturday 9 AM - 12 PM	The Ely Public Library offers fiction, non-fiction, & large-print, DVDs, games, e-books, audiobooks, magazines, databases & newspapers for all ages of readers. In addition to these collections, there is a Seed Lending Library, where patrons can check out a variety of different seeds, including heirloom varieties. Numerous programming is available each month for all ages. Weekly story & toddler times are given; computers, databases & Wi-Fi are available for all users; & many enjoy the free health and wellness classes such as Yoga and Tai Chi that are offered. A yearly summer reading program is offered for all ages. www.ely.lib.ia.us
Ely Public Library 1595 Dows St Ely, IA 52227	319-848-7616	Monday & Thursday 9 AM - 8 PM Tuesday & Wednesday 1 PM - 8 PM Friday 1 PM - 5 PM Saturday 9 AM - 4 PM Closed on Sunday	The Coggon Public Library offers fiction and non-fiction books, DVD'S, audio books, WiFi, internet access and interlibrary loan service. Meeting space is available. A summer reading program and weekly story hours are offered. A book club meets monthly. Website: www.coggonpubliclibrary.org

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Fairfax Public Library 313 Vanderbilt St Fairfax, IA 52228	319-846-2994	Monday Tuesday & Thursday 12 PM - 7 PM Wednesday 10 AM - 7 PM Friday 12 PM - 6 PM Saturday 9 AM - 2 PM Closed on Sunday	The Fairfax Public Library has almost 22,000 items for check out. This includes books, large print, magazines, DVD and Blu-Rays, audio books on CD, cake pans, and NOOK's. The Fairfax Library also participates in NEIBORS which gives our patrons access to eBook and downloadable audio books. There are public access computers at the library and WiFi. There are many activities and reading programs happening at the library throughout the year. A summer reading program is offered for all ages. www.fairfax.lib.ia.us
Family Resource Centers: Jane Boyd Community House: 943 14th Ave SE Cedar Rapids, IA 52401	319-366-0431	Monday - Friday : 10:30 AM - 6 PM	Services provided vary by site as noted below: <u>Jane Boyd:</u> HACAP Preschool, Child/Youth Sports Programs, After-School program, and summer day camp. www.janeboyd.org info@janeboyd.org PATHS & Cedar Rapids Entrepreneurial Programs (CREP) offered. Call for more information.
Jane Boyd Harambee House: 404 17th St SE Cedar Rapids, IA 52403	319-366-1408	Monday - Thursday 9 AM - 12 PM 1 PM - 5 PM Friday 8 AM - 12 PM	<u>Harambee House:</u> Harambee House is a neighborhood resource center focusing on Resource, Referral, Housing, Advocacy, Family Support and Individual Counseling. Bread delivery Tuesday after 1 PM. Clothes Closet Monday through Thursday 3 PM to 5 PM. Computer access. Mental health service for uninsured or under insured Walk ins during the following hours: Mondays 10-5, Tuesdays 10-12 Wed 1-5 Thursdays 10-12 Fridays 10-5 May also receive referral from service provider.
Family Resource Center at Taylor: 720 7th Ave SW Cedar Rapids, IA 52404	319-558-2481	Hours vary. Open during school hours	<u>Taylor:</u> Metro Care Connection Health Clinic for children, TANA (Taylor Area Neighborhood Association) monthly meetings, Family Support. www.mcc.cr.k12.ia.us
HACAP Urban Family Resource Center 1328 Second Ave SE Cedar Rapids, IA 52403	319-366-7632	8 AM to 4:30 PM	<u>Urban:</u> Head Start, Family & Community Health Alliance, Food Boxes, Heating & Energy Assistance, Nutrition Information, Parenting Groups, Holiday Food Box Sign-up, WIC Clinic, Prenatal Education, Oral Health Screenings and Education, Well Child Screening Clinic including hearing, vision, and developmental screens. www.hacap.org
HACAP Marion 3405 7th Ave, Ste 100 Marion, IA 52302	319-447-5816	8 AM - 4 PM WIC: 8 AM - 4:30 PM Closed Tues Headstart: 7:30 AM - 5:30 PM	<u>Marion:</u> Head Start, Early Head Start, Family & Community Health Alliance, Food Boxes, Heating & Energy Assistance, Nutrition Information, Parenting Groups, Holiday Food Box Sign-up, WIC Clinic, Oral Health Screenings and Education. www.hacap.org
HACAP Inn Circle 5560 6th St SW Cedar Rapids, IA 52404	319-366-7631	8 AM - 4 PM	<u>Inn-Circle:</u> Permanent Housing, Head Start and Early Head Start, Food Boxes. www.hacap.org
Foundation 2 Crisis Center 1540 2nd Ave SE Cedar Rapids, IA 52403	319-362-2174	24/7 including holidays	Phone and walk-in crisis counseling.
Foundation 2 Mobile Crisis Outreach 1450 Boyson Road, Ste B6 Hiawatha, IA 52233	319-247-0030	24/7 including holidays	On-site crisis response team that can be dispatched to businesses, schools, homes or hospitals. Provides assessment, crisis de-escalation, counseling as needed, referrals and follow-up with client.
Foundation 2 Juvenile and Family Assistance and Stabilization Track (JFAST) 1450 Boyson Road, Ste B6 Hiawatha, IA 52233	319-247-0030	24 hours a day seven days per week including all holidays Limited - Linn County residents only	For families who are considering a mental health behavioral crisis or substance abuse committal for their child. JFAST begins with the on-site crisis response team, and includes assessment, referral and case management. JFAST is a collaboration with Horizons, ASAC, St. Luke's, Abbe, and Tanager Place. Available to any kid in Linn County.

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Four Oaks - Cornerstone 2100 First Ave NE Cedar Rapids, IA 52402	319-247-4834	Office hours: 8 AM - 5 PM	Family Development Self-Sufficiency Program designed to partner with high-risk welfare recipients in working towards economic self-sufficiency and family stability.
Hiawatha Public Library 150 W. Willman Hiawatha, IA. 52233	319-393-1414	Monday - Thursday 10 AM - 8 PM Friday & Saturday 10 AM - 5 PM Sunday 1 PM - 4 PM	Hiawatha Library collections include over 45,000 books, large print, books on CD, magazines, music, DVD's, select newspapers, Federal Tax forms, Online databases. Programs and services include reference services, story times for children, and children, adult and teen e-reading programs. Free WiFi, services for seniors, downloadable audio books and e-books. Facilities include: study room, large meeting room, public accessible computers and Internet access. Hiawatha Public Library is part of the Metro Library Network with Cedar Rapids and Marion Public Libraries. www.hiawathapubliclibrary.org
Iowa Legal Aid 317 7th Ave SE, Ste 404 Cedar Rapids, IA 52401	319-364-6108	Monday - Friday 8:30 AM - 4:30 PM Phone applications are taken Monday - Friday 9 AM - 11 AM & 1:30 PM - 3:30 PM No Thursday afternoon appointments	Iowa Legal Aid can help victims of domestic abuse with divorce and custody issues, and can help with other family law matters involving domestic abuse. Iowa Legal Aid also assists with family law and landlord/tenant issues. Free legal services provided for people who meet income and asset guidelines. Iowa Legal Aid also runs a Pro Se Divorce Clinic that helps people without children who are seeking a divorce for any reason, but who can't afford a lawyer.
J.C. Clegg Public Library 137 N. 4th St Central City, IA 52214	319-438-6685	Monday 1 PM - 5 PM Tuesday 9 AM - 5 PM Wednesday 10:30 AM - 5 PM Thursday 10:30 AM - 7 PM Friday 12 PM - 4:30 PM Closed on weekends	The J.C. Clegg Public Library is home to over 8,000 books. The library has a wide variety of fiction and non-fiction titles. Free WiFi, 7 public use computers connected to the Internet, downloadable audio and e-books. Reference Assistance is available. Programming includes Summer Reading programs for youth, Story time for toddlers and preschoolers, and adult book discussions. www.centralcity.lib.ia.us
Iowa Works Lindale Mall 4444 1st Ave NE, Ste 436 Cedar Rapids, IA 52402	319-365-9474	Monday, Tuesday, Thursday, & Friday 8:30 AM - 4:30 PM Wednesday 9 AM - 4:30 PM Call for an appointment	Assistance with developing and achieving employment skills and educational goals for those who meet eligibility requirements. Unemployment services offered and HiSet (formerly GED program offered)
Linn County Extension/4-H 383 Collins Rd NE, Ste 201 Cedar Rapids, IA 52402	319-377-9839	Monday - Friday 8 AM - 4:30 PM	Educational programs, family information, youth development information, K-12 grade hands-on learning materials, financial information, nutrition information and service learning. Education for after-school providers, and 4-H programming. www.extension.iastate.edu/linn
Lisbon Public Library 101 E. Main St. Lisbon, IA 52253	319-455-2800	Monday 9 AM - 1 PM & 2 PM - 5 PM (Closed for lunch) Tuesday 2 PM - 5 PM Wednesday 2 PM - 8:30 PM Thursday 10 AM - 5 PM Friday 12 PM - 5 PM Saturday 9 AM - 1 PM Closed on Sunday	Lisbon Public Library is located in an historic storefront building in the heart of downtown Lisbon, Iowa. Our small library has popular print and non-print materials for everyone and specializes in high-quality reading material for children of all ages. Computers and wireless internet are available for public use. We also have Halloween costumes that circulate during the month of October. The second floor of the library houses Lisbon Heritage Hall, the site of cultural programs that include concerts by world class musicians, theatre productions, student recitals and readings by local writers. www.lisbon.lib.ia.us

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Marion Parks & Recreation 4500 N. 10th St Marion, IA. 52302	319-447-3590	Monday - Friday 7:00 AM - 4:00 PM Individual facility/park functions & hours/times vary	Marion's Park and Recreation Department is responsible for-20 city parks, Oak Shade Cemetery, the Lowe Park Arts and Environment Center, Willowood Pool and various Hiking-Biking Trails. The department also provides an array of recreational and cultural opportunities throughout the year for all age groups. Each year, typically in early spring, a brochure of programs and activities is published and distributed throughout the community. In addition, the Parks & Recreation Department administers the local Adopt-A-Tree program. Encore Café offered Wednesdays & Thursdays for lunch from 12-1pm. HyVee catered -register day prior by 1pm. Seniors 60 or older \$5, 60 or younger \$8 http://www.cityofmarion.org/
Marion Public Library 1095 Sixth Ave Marion, IA. 52302	319-377-3412	Monday - Thursday 9:30 AM - 9 PM Friday & Saturday 9:30 AM - 5 PM Sunday 2 PM - 5 PM <i>During the school year Library closes at 6 PM on Thursdays during June July & August</i> <i>(Closed Memorial Day until Labor Day on Sundays)</i>	Marion Public Library is part of the Metro Library System. The Marion Library has a vast collection of fiction and non-fiction books, DVDs, audio recordings, books on CDs, WiFi and internet access. Meeting space is available. The library is supported by Friends of the Marion Public Library and Foundation. The Marion Library is always open to those within the community who would like to volunteer their time and talents. Encore Café offered Mondays and Fridays for lunch from 12-1pm. HyVee catered- register day prior by 1pm. Seniors 60 or older, \$5 60 or younger \$8. www.marionpubliclibrary.org
No kid needs to sleep on the floor of Linn County	319-784-7362		We are a 100% volunteer organization that seeks community involvement in funding, building, delivering, assembling and dressing out new, sturdy beds to kids who have no bed of their own. We service only children ages 3-17 in Linn County. http://shpbeds.org/
Olivet Neighborhood Mission and Head Start 230 10th St NW Cedar Rapids, IA 52405	319-364-7946	Tuesday - Friday 8:30 AM - 11:30 AM & Saturday 9 AM - 11:30 AM Closed Sunday & Monday	Clothing Closet: Clothes (newborn through adult) and household items free or nominally priced. Food Pantry: Tuesday through Friday from 8:30 AM to 11:30 AM. Saturday 9 AM - 11:30 AM After School Program: Youth, 5-13 years, Monday through Friday from 3:30 PM to 6 PM. Through Boys & Girls Club) Summer Recreation: 8:30 AM to 5:30 PM, Monday through Friday. (Through Boys & Girls Club) at 237 10 th street NW
Parent Education Consortium (PEC) 383 Collins Rd NE, Ste 201 Cedar Rapids, IA. 52402	319-540-2426	Monday - Friday 8 AM - 4:30 PM Classes are available Sunday – Thursday Class times vary	Provider of parent education services & resources for parents of young children including classes & resources materials. Classes offered include “Parenting Young Children” classes (0-5 yrs), single, parenting, step parenting, dads & classes for parents with children with ADHD. Parenting classes are offered at varying times & a variety of locations throughout Linn County. A meal or snack is provided, & child care. No fees. www.parenteducationconsortium.com
Planned Parenthood of the Heartland 3425 1st Ave SE, Ste 100 Cedar Rapids, IA 52402	877-811-7526 319-363-8572 Call for appointment Walk-ins for pregnancy testing accepted.	Monday 9 AM - 3 PM Tuesday 7:30 AM – 3:30 PM Wednesday 9 AM - 5 PM Thursday 9 PM - 3 PM (To pick up supplies only) Friday 11 AM - 4 PM (To pick up supplies only)	Medical services include birth control options, emergency contraception, cervical & breast cancer screenings, pregnancy testing and options counseling, STD testing & treatment, HPV Vaccine, HIV testing, discounted long-term reversible birth control for those who qualify (Paragard IUD and Explanon). Education services include pregnancy prevention, STD prevention, and medically accurate, age-appropriate comprehensive sex education. Programs and resources to help parents/other trusted adults become ask-able adults, and be the main source of accurate sexual health information for the youth in their lives. We makes every effort to provide healthcare services to everyone – no matter their economic situation. Title 19 and most major insurances accepted. Services are provided at a reduced cost and financial resources are provided whenever possible. Learn more by visiting www.ppheartland.org
Play and Learn Hiawatha Public Library 150 W. Willman St Hiawatha, IA 52233	319-393-1414	Thursday 10 AM - 11:30 AM	Play groups are free to attend and pre-registration is not required. Just show up for the learning and fun. Birth to 5 years old. www.playandlearniowa.org

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Reaching Families Program 520 11th St NW Cedar Rapids, IA 52405	319-892-5725	Monday - Friday 8 AM - 5 PM	Program provides assistance to parents or caregivers struggling with mental health concerns and facing obstacles in seeking treatment. Areas where assistance is available: Transportation for doctors' appointments, child care, financial challenges are addressed and assistance provided when possible, and helping the family access support systems. The parent must live in Linn County. No fees. https://www.linncounty.org/998/Family-Services
Russell D. Cole Library Mount Vernon's Public Library 600 1st St SW Mt Vernon, IA 52314	319-895-4271	Monday - Thursday 8 AM - 1 PM Friday 8 AM - 5:30 PM Saturday 10 AM - 4 PM Sunday closed <u>Academic year hours:</u> Monday - Friday 8 AM - 1 PM Saturday 10 AM - 5 PM Sunday 12 PM - 11 PM	Cole Library is both the Mount Vernon Public Library and the Cornell College Library. This joint library was started over 100 years ago by Andrew Carnegie, and the partnership is still going strong. Because we support both public patrons and college students our collection is diverse and extensive. Our collection includes books, audio books, large print books, DVDs, and magazines. We have several computers for public use and free internet use. We have many programs for children, youth and adults, ranging from Lego club to Knitting Night to Book discussion groups to story time. A complete listing of our programs can be found on our web site www.colelibrary.org . We are located on the south side of the Cornell campus up Library Lane.
Springville Public Library 264 Broadway St Box 78 Springville, Iowa 52336	319-854-6444	Monday Tuesday & Wednesday 11 AM - 6 PM Thursday 10 AM - 8 PM Friday 11 AM - 5 PM Saturday 11 AM - 3 PM Closed on Sunday	The Springville Memorial Library located on Highway 151 in Linn County is a full service public library offering all informational needs for its patrons. We have programs for all ages.
Strengthening Families 520 11th St NW Cedar Rapids, IA 52405	319-892-5727 or 319-892-5725	Hours vary Please call for assistance	The program provides educational / skill building classes to parents and children. Two hour weekly meetings. Seven week sessions. Meal and daycare are provided. No fees. https://www.linncounty.org/998/Family-Services
Tanager Place 2309 C St SW Cedar Rapids, IA 52404 <i>Other location:</i> 1030 5th Ave SE Cedar Rapids, IA 52403	319-365-9164 319-286-4545	Monday - Friday 8 AM - 4:30 PM	An inpatient psychiatric treatment program provides structured goal oriented interventions for 68 children on a 24 acre campus. Community based programs assist 600 families daily with individualized treatment. Tanager's outpatient Behavioral Health Clinic provides psychiatric diagnosis, medication management and therapy to over 1700 children and their families annually. Pediatric Integrated Health (PIH) is a case management program serving over 1,000 children with behavioral and medical health needs who are Medicaid eligible. PIH provides family focused care coordination including provider referrals, wellness, advocacy and peer support. ABA Therapy (Applied Behavioral Analysis) Therapy for children who are diagnosed with Autism. Camp Tanager provides a free camp experience for at-risk children, serving economically disadvantaged children. Medical camps for children with diabetes and hemophilia are also available. www.tanagerplace.org or www.camptanager.org
Waypoint Domestic Violence Program 318 5th St SE* Cedar Rapids, IA 52401 *Office location	319-365-1458 <u>24-hour Crisis & Support</u> 319-363-2093 or 800-208-0388	Monday - Friday 8 AM - 5 PM Closed Saturday & Sunday 24-hour Crisis & Support Line emergency medical advocacy or legal system advocacy	Waypoint provides Domestic Violence Victim Services to the following counties: Benton, Black Hawk, Buchanan, Delaware, Dubuque, Jones and Linn. Waypoint Services local and toll free emergency phone lines are available 24/7 to provide information or immediate crisis counseling to victims/survivors of domestic violence or their family or friends. www.waypointservices.org

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YPN 420 6th St SE, Ste 260 Cedar Rapids IA 52401	319-364-8909	Monday - Friday 8:00 AM - 4:00 PM	Provides early childhood education and family support programming for families with young children 0-5 yrs: 1) Evening meetings for prenatal and parenting moms and dads; 2) Short-term parenting groups and school or community presentations available; and 3) Assistance in making connections with needed community resources, including preschool and after school programming. www.ypniowa.org
YOUTH			
ASAC CD+ 3601 16th Ave SW Cedar Rapids, IA 52404	319-390-4611	Monday - Thursday 8 AM - 8 PM Friday 8 AM - 5 PM Closed Saturday & Sunday	Services for chemically dependent and conduct disorder adolescents, boys and girls, ages 13-18, in a highly structured treatment culture.
Bethel AME Church 512 6th St SE Cedar Rapids, IA 52401	319-363-1251	8 AM – 5 PM	Mentoring services to youth. Provides clothes. Open to children in the neighborhood. Other items (beds, stoves, washers) may be available. www.bigcr.org
Big Brothers Big Sisters 3150 E Ave NW, Ste 103 Cedar Rapids, IA 52405	319-377-8993	Hours vary Call for assistance	Youth mentoring services ages 6-14. www.beabigcr.org
Boy Scouts of America 660 32nd Ave SW Cedar Rapids, IA 52404	319-862-0541	Monday - Friday 8:30 AM - 5 PM	Comprehensive Youth Development program. Program scholarships available. www.hawkeyebsa.org
Boys & Girls Club 420 6th St. SE, Ste 240 Cedar Rapids, IA 52404	319-363-5766	Hours vary by site Please call 319-363-5766 for specific days & hours of programming If schools are closed due to inclement weather the Club will not be operating as well	Offers activities for youth, ages 6-18, in five core areas: Health & Life Skills Development; Sports, Recreation & Fitness; The Arts; Character & Leadership Development; and Education & Career Development. Special tutoring and homework assistance is available during "Power Hour," which is a part of the Education & Career Development component.
Polk Neighbor Community Center 1500 B Ave NE Cedar Rapids, IA 52402	319-540-4250		
Hoover Elementary 4141 Johnson Ave NW Cedar Rapids, IA	319-721-3266		
Taylor Site 720 7th Ave SW Cedar Rapids, IA	319-310-7124		
Olivet 237 10th St NW Cedar Rapids, IA	319-310-9480		
South Side Unit 361 17th St SE Cedar Rapids, IA	319-350-3759		
Child Care Resource & Referral of Southeast Iowa	866-324-3236 Parents 855-CHILD01	Monday - Friday 8 AM - 4:30 PM	Lending Parents, Child Care Providers, Employers & Community Members a helping hand with child care related topics. Help with identifying and/or providing quality child care options in your area. Child care referrals for parents, training and consultations for providers, child care information, data, and resources for employers and community members. Region 5 covers 19 Counties in Southeast Iowa. www.iowaccrr.org

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Children of Promise Foster Grandparent Program 901 29th Ave SW Cedar Rapids, IA 52404		Hours vary Call for assistance	Income eligible senior citizens mentor children with exceptional needs in school and day care settings and focus on reading and social skills.
Early ACCESS 4401 6th St. SW Cedar Rapids, IA 52404	319-399-6574 Referrals: 319-399-6746	Monday - Friday 8 AM - 4:30 PM	Early ACCESS is the system implemented by the state of Iowa to serve children from birth to age three, who have either a developmental delay, or have a condition that has a high probability of later delays if early intervention services are not provided. Eligible children and their families receive service coordination to assist them in accessing the services and supports they need. They also receive other services from a teacher, speech/language pathologist, physical therapist, occupational therapist, etc as needed. These services are provided in the home or wherever the child spends his/her day. www.state.ia.us/earlyaccess www.qwaea.org
Equipping Youth PO Box 1175 Cedar Rapids, IA 52406	319-861-2747	By appointment only	Programs that allow youth the opportunity to develop skills that enable them to make healthy choices when faced with pressures to conform to risky behaviors prevalent among teens today. Powerful Choices Series for Middle School. Character and commitment. Risk avoidance prevention education. Classroom available for youth agencies and families. www.equippingyouth.org
Four Oaks Main Campus 5400 Kirkwood Blvd SW Cedar Rapids, IA 52404	319-364-0259	Hours & location vary for individual programs	Residential treatment, day treatment, community-based programs, aftercare programs, special needs foster care and adoption, prevention services, shelter services, juvenile justice services, behavioral health services, school-based programs. info@fouroaks.org
Girl Scouts of Eastern Iowa & Western Illinois 317 7th Ave SE, Ste 201 Cedar Rapids, IA 52401	319-363-8335	Monday - Friday 9 AM - 5 PM *Hours vary in the summer months	In addition to traditional Girl Scout troops, provides after school Girl Scout programs at a variety of times and locations throughout the community. Through our Outreach Programs, girls have opportunities to learn about self-potential, how to relate to others, how to contribute to the community and developing values. Minimal annual fees, but financial aid is available for those in need. Support to volunteers who serve as advisors to troops/groups where girls develop individual potential, develop values, learn to relate to others and contribute to society. Times and locations vary at discretion of volunteer leadership. Contact Allison Johnson. www.girlscoutstoday.org
Grant Wood Area Education Agency Sixth St Facility 4401 Sixth St SW Cedar Rapids, IA 52404	319-399-6700 OR 800-332-8488 OR TDD 319-399-6766	Assistance available online & by phone Monday - Friday 7:30 AM - 4:30 PM	AEA's work as educational partners with local public accredited private schools to help assure that all children reach their potential. Services are provided in the following areas: Special Education, Instructional Media, School Technology, Instructional Services, Professional Development, Leadership, School-Community Planning, and Multicultural, Gender-Fair. www.aea10.k12.ia.us Programs & Services http://www.aea10.k12.ia.us/services/index.html Online Resources for Students http://www.aea10.k12.ia.us/media/electronic.html Parents/Student Resources http://www.aea10.k12.ia.us/parstu.html
HD (Henry Davison) Youth Center 1445 Mt. Vernon Road SE Cedar Rapids, IA 52401	319-365-1662 or 319-329-8841	Monday - Friday 3:00 PM - 6:00 PM	Safe structured environment for children. www.hdyouthcenter.org
Heartland Youth for Christ 2600 1ST Ave NW Cedar Rapids, IA 52405	319-393-7996	Monday - Friday 8:00 AM - 5:00 PM	Provide activities before and after school. One on one counseling and mentoring services, trips and camps. www.heartlandyfc.org

Name & Location	Phone Number	Days/Hours	Services Provided
Helen G. Nassif YMCA 207 7th Ave SE Cedar Rapids, IA 52401	319-366-6421	Monday - Friday 7 AM - 9 PM Saturday: 7 AM - 5 PM Sunday: 10 AM - 4 PM	Offers youth development programs. Scholarships for memberships and programs may be available. Fees based on a sliding fee scale. www.crmetroymca.org
Horizons, a Family Service Alliance 819 5 th St. SE P.O. Box 667 Cedar Rapids, IA 52406	319-398-3943	Monday - Friday 8 AM - 5 PM	Counseling, mental health counseling, financial counseling, Meals on Wheels, child and family programs, Survivor's program and NTS Transportation. www.horizonsfamily.org
Iowa Aftercare Services Network/ Foundation 2 1500 2nd Ave SE, Ste 201 Cedar Rapids, IA 52403	319-368-3376	Monday - Friday 9 AM - 5 PM	Housing, skills training and support services to young adults, ages 18-21, which have "aged out" of the foster care system for Linn, Benton and Jones Counties. www.iowaaftercare.org
Jane Boyd Community House 943 14th Ave SE Cedar Rapids, IA 52401	319-366-0431	Monday - Friday 8 AM - 5:30 PM Achievement Academy: Monday - Friday 4 PM - 7 PM (after school)	Jane Boyd offers youth programs including Early Childhood Development, out-of-school time enrichment for youth in 1 st -8 th grade and dance lessons. For older adults Jane Boyd offers Senior Bingo and Knitter Club. www.janeboyd.org
Kid's Point Downtown Learning Center and Preschool 318 5th St SE Cedar Rapids, IA 52401	319-365-1458	Monday - Friday 6 AM - 6 PM	Provides quality, licensed childcare for children ages 6 weeks to 12 years. Serves children of all socio-economic levels, accepts DHS funding and offers a sliding scale fee for families who exceed DHS income guidelines. A Family Support Specialist is available to help families who are in need of resources beyond the scope of the classroom environment - financial, behavioral or family concerns. The school district provides busing to and from Arthur, Grant Wood and Johnson Elementary Schools for a fee. Accepts children on State Child Care Assistance (DHS Block Grant), sliding fee and private pay. www.kidspointchildcare.org
Kid's Point School Aged Child Care 318 5 th St SE Cedar Rapids, IA 52401	319-365-1458	Monday - Friday 6:30 AM - 6 PM	Before and after school care for children kindergarten through 5 th grade which provides a whole language approach to teaching. We are also open on in-service and early dismissal days. We currently serve children at Arthur, Cleveland, Hiawatha, Kenwood, Kids Point Downtown, Hoover, Madison, Erskine, Jackson, Garfield and Pierce Elementary Schools. We also offer programming for Grant Wood and Johnson schools. Kid's Point C Street offers programming for College Community students. Summer Adventure Camp is offered at select sites. Accepts children on State Child Care Assistance (DHS Block Grant), sliding fee and private pay. www.kidspointchildcare.org
Kid's Point C Street Learning Center and Preschool 5830 C Street SW Cedar Rapids, IA 52404	319-841-4055 x210	Monday - Friday 6:30 AM - 6 PM	Provides quality, licenses childcare for children ages 6 weeks to 5 years. Serves children of all socio-economic levels, accepts DHS funding and offers a sliding scale fee for families who exceed DHS income guidelines. A Family Support Specialist is available to help families who are in need of resources beyond the scope of the classroom environment - financial, behavioral or family concerns. This location serves the College Community School area.
Linn County Juvenile Detention & Diversion Services (JDDS) 800 Walford Rd. SW Cedar Rapids, IA 52404	319-892-5735	24 hours a day seven days per week Please note that referrals - JDDS are only accepted law enforcement or Juvenile Court	Provides secure temporary residential care for youth, ages 12 to 18 years who are or are alleged to be delinquent, and who pose a threat to themselves or to the community. JDDS also offers a range of diversion services for youth as an alternative to detention care.

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Linn County Kids Wraparound Fund Serious Emotional Disturbances (SED)/Children's Mental Health Assistance 520 11th St NW Cedar Rapids, IA 52405	319-892-5726	Monday - Friday 8 AM - 5 PM	Funding source for parents of children with Mental Health issues to keep the child in their home, school, or community. Child under 21, lives in Linn County, current or pending Mental Health diagnosis. No income guidelines or restrictions but must be a funding of last resort. No fees for this service.
Linn County In-Home Services - Reaching Families 520 11th St. NW Cedar Rapids, IA 52405	319-892-5728	Hours vary Call for assistance	Provides a non-residential alternative to out-of-home care, by providing skill development and support to the family, allowing the youth to remain in the family home. http://www.linncounty.org/998/Family-Services
Linn County Peer Group 520 11 th St. NW Cedar Rapids, IA 52405	319-892-5730	Hours vary Call for assistance	The program provides a wide range of activities that build peer relationships, help develop personal interests and expand students' life experiences. There is a focus on building social skills, communication skills, confidence building, how to make friends, and self-esteem. No fees. http://www.linncounty.org/998/Family-Services
Marion YMCA 3100 10th Ave Marion, IA 52302	319-377-7361	Monday - Friday 5:30 AM - 9 PM Saturdays 7 AM - 4 PM Sundays 12 PM - 4 PM Summer Hours: Monday - Thursday 5:30 AM - 9 PM Friday 5:30 AM - 7 PM Saturday 7 AM - 3 PM	Offers Youth Development Programs. Fees based on a sliding fee scale. Based on household income. www.crmetroymca.org
Mercy Medical Center 701 10th St. SE Cedar Rapids, IA. 52403	319-398-6011	(Central YMCA) 10 AM - 11:30 AM on Saturdays, 12 week sessions	Trim Kids: Program is a collaboration between Mercy and YMCA. Follows the leading national weight-management program for children ages 8-12, and their families. The comprehensive program addresses the many factors related to childhood obesity, such as poor eating habits and lack of exercise, and encourages the whole family to work together to make healthy lifestyle changes. Meets at Central YMCA, 207 7th Avenue SE. www.mercycare.org
	319-398-6287	(SafeKIDS) Monday - Friday 7 AM - 4:30 PM	Safe KIDS: Is an outreach coalition of partners working together to educate and protect families. Together we provide information to help families prevent accidents and injuries and promote local child safety programs including; Car Seat Safety: to schedule your safety seat inspection call 310-SEAT, Bike and Helmet Safety: for a demonstration, information on bicycle rodeo set up, or to purchase a helmet call 398-6287 and Pedestrian Safety: to schedule an event on safe travel call 398-6287. www.safekids.org
Metro Care Connection Office: 720 7th Ave SW Cedar Rapids, IA 52404 Clinics: Metro High School, Jefferson High School, Kennedy High School	319-558-2481	Monday - Friday 8 AM - 4 PM (school year) No summer hours	Provides school-based health care to students (and their siblings) in the Cedar Rapids Community School District. Focus is on those without access to other care. Services include health care (physical examinations, immunizations, treatment of minor illness, prescriptions for medications), mental health counseling and substance abuse counseling. Staffed by pediatric nurse practitioners, mental health therapists and substance abuse counselors.
Olivet Neighborhood Mission and Head Start 230 10th St NW Cedar Rapids, IA 52405	319-364-7946	Tuesday - Friday 8:30 AM - 11:30 AM Saturday 9 AM - 11:30 AM	Clothing Closet: Clothes (newborn through adult) and household items free or nominally priced. Food Pantry: Tuesday through Friday from 8:30AM to 11:30AM. Saturday 9 AM - 11:30 AM. After School Program: Youth, 5-13 years, Monday through Friday from 3:30 PM to 6 PM. (Through Boys & Girls Club) Summer Recreation: 8:30 AM to 5:30 PM, Monday through Friday. (Through Boys & Girls Club at 237 10 th Street NW)

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Family Educator Partnership 4401 6th St SW Cedar Rapids, IA 52404	319-929-3786	Monday - Friday 8 AM - 4:30 PM (Resource library)	One to one consultation with parents and professionals, resource library and website newsletter services related to working with and parenting individuals with disabilities. www.grantwoodaea.org
Planned Parenthood of the Heartland 3425 1st Ave SE, Ste 100 Cedar Rapids, IA 52402	319-363-8572 Call for appointment Walk-ins welcome	Monday 9 AM - 5 PM Tuesday 11 AM - 7 PM Wednesday 9 AM - 5 PM Thursday 9 AM - 3 PM & Friday 11 AM - 4 PM (Thursday & Friday: pick up supplies only)	PPECI provides programs and resources to help parents/other trusted adults become ask-able adults, and be the main source of accurate sexual health information for the youth in their lives. PPECI provides nationally and state recognized research proven effective curricula for middle and high school aged youth. All programs are medically accurate, age-appropriate comprehensive sex education. PPECI can tailor programs for all ages/developmental stages and any size group of youth or adults. Topics include: Reproductive Health, Puberty, Gender Roles, Abstinence, Contraceptives, STI Prevention, Unintended Pregnancy Prevention, Healthy Relationships, Communication, Goal Setting, Decision Making, etc. Learn more by visiting www.ppheartland.org
School to Home Connection 520 11th St NW Cedar Rapids, IA 52405	319-892-5727	Hours vary. No weekend hours. Please call for assistance	The in-home program provides skill-building services to families of youth struggling with behavior difficulties in school. Child must be pre-kindergarten through sixth grade and attend a school within the Cedar Rapids Community School District. No fees.
St. James United Methodist Church 1430 Ellis Blvd NW Cedar Rapids, IA 52405	319-363-3119	8 AM - 12 PM Pastor available anytime	Before and after school programs. Kids Club Daycare. Please call for more information.
Stoney Point YMCA 300 Stoney Point Road SW Cedar Rapids, IA 52404	319-390-3488	Monday - Friday 5:30 AM - 9 PM Saturday 7 AM - 4 PM Sunday 12 PM - 4 PM	Offers youth development programs. Scholarship program for memberships and programs. Sliding fee scale available, based on annual income. www.crmetroymca.org
The Salvation Army Summer Day Camp 1000 C Ave NW Cedar Rapids, IA 52405	319-364-2273	Monday - Friday 7:30 AM - 5:30 PM Mid-June - Mid-August	Summer day camp for children ages 5-12. Sliding scale available. Youth must sign up for 7 of 10 weeks. Parents must be working or in school.
Tanager Place 2309 C St SW Cedar Rapids, IA 52404	319-365-9164	Monday - Friday 8 AM - 4:30 PM	An inpatient psychiatric treatment program provides structured goal oriented interventions for 68 children on a 24 acre campus. Community based programs assist 500 families daily with individualized treatment. Tanager's outpatient Mental Health Clinic provides psychiatric diagnosis, medication management and therapy to over 1700 children and their families annually. Camp Tanager provides a free camp experience for at-risk children, serving economically disadvantaged children. Medical camps for children with diabetes and hemophilia are also available. www.tanagerplace.org or www.camptanager.org
TIES Program St. Lukes Hospital 1026 A Ave NE, 2nd Floor Cedar Rapids, IA 52402	319-558-4861	Monday - Thursday 8 AM - 5 PM	Based on Tennessee's Regional Intervention Project, TIES is a parenting program that teaches parenting techniques to help preschoolers with challenging behaviors and their families. For children ages 18 months to 5 years.
Workplace Learning Connection 1770 Boyson Road Hiawatha, IA 52233	319-398-1040	Monday - Friday 8 AM - 5 PM	Services to develop future workforce by connecting business and education in relevant, work-based learning activities for K-12 students and teachers in Area 10. Services include: job shadows, internships, tours, speakers, career fairs. www.workplace-learning.org