

Linn County Opioid Steering Committee

Minutes

Wednesday, August 1, 2018 at 2:00 PM

Linn County Public Health

Conference Room at 501 13th Street NW

Welcome & Introductions

Mr. Dwivedi welcomed everyone to the meeting and explained how Erin Foster went on maternity leave and Al Fear got promoted so he had to step down. A vote was called to action for Andy Olesen to take the chair position. The Committee was in favor of this vote.

Present:

Andy Olesen, Emily Parker, Sunshine McDonald, Anna Vierhout, Timothy McGullam, Promod Dwivedi, Michaela Ramm, Dustin Arnold, Amy Doerrfeld, Barb Gay, Katie Reasner, Jennifer Seyfor, Laura Fairdoth, Chief Jerman, Kevin Iecha, Tony Myers, John Stuelke, Sarah Ziegenhorn, Rod Courtney, Mallory Hughes, Stephanie Neff, Dale Todd, Pat Reinert, Kim Honn

Discussion on Community Education and Prevention

- Education outreach on opioids—Katie Reasner and Amy Doerrfeld
 - Work with the Data Committee
 - Created profile for individuals with substance use disorders
 - Target these individuals

Discussion of Legislation

- Dale Todd—Money and resources come from city council.

Introduction of Andy Olesen

- Andy works for the Cedar Rapids Fire Department where he trains staff on processes and programs.
- Andy believes that the Opioid Steering Committee is great because we all have different knowledge about opioids and individual expertise.
- Andy would like to assure that sub-committees are not overlapping and doing the same work, but working collaboratively on such topics.

Individual Introductions

Community Education and Prevention (Continued)

- Co-chairs: Katie Reasner and Amy Doerrfeld
- Questions arose from this sub-committee:
 - What is the timeline for the committee?
 - Some work best creating timelines for their work, however, there is no timeline, as the Opioid Steering Committee shall sustain the work we are doing. This will also depend on funding.
 - Public Relations person?
 - PMP and guidelines that go with this. Should the prevention sub-committee work on this?

- No. The Health and Harm Reduction sub-committee will. Both local hospitals have trained for PMP.
 - Pharmacies were addressed.
- Dale Todd: What is the inherent risk of doctors who prescribe?
 - Doctors now accept prescription doses through an online system. This comes with warnings for higher doses, as well as those receiving a lot of medication.
 - This is extremely important information and should be presented to the media to let community members know that this exists.
 - We adopted this PMP program from Wisconsin.
- Barb Gay: The Eastern Iowa Health Center works on the medical side, where the Area Substance Abuse Council works on the counseling side.
 - Barb recommends that each sub-committee create their own timeline and plan for the work they are doing.

Health and Harm Reduction

- Co-chairs: Sarah Ziegenhorn, Amy Wilson
- It is very important to identify opportunities for intervention for those suffering from substance use disorders.
 - Use Florida, Massachusetts, Connecticut, and Ohio as examples.
- Key Questions:
 - What services are being offered post overdose?
 - Do individuals need housing support?
 - Medical Assisted Treatment?
 - What does the structure look like?
 - Funding from SAMHSA?
 - What is the important of interventions?
- There is no funding for peer recovery. It is offered for mental health, but no substance abuse.

Data

- Chair: Sunny
- A PowerPoint presentation was presented to the group.

Area Ambulance

- **Promod:** Are we able to collect data from the Medical Examiner's Office?
- **Dale:** Can HIPAA provide any information on approximate areas?
- **Andy:** Certain information combined with other information from all sources can identify who the individual is, so it would be a violation of HIPAA.
- What are other ways we can get information?
- **Barb:** 42CFR-HIPAA

Legislative

- The efforts made by this sub-committee will depend on what other sub-committees put together.
 - For example: What are the gaps and opportunities of the needle exchange program?

Wrap-Up & Next Meeting Plans

- There will be an event in October that elected officials will be invited to. Further information to come.
 - This event will talk about public health issues, as well as data they can help with.
- Andy would like Executive Summaries from all committees.
- Come up with any recommendations and data for other sub-committees.
- Group Report
- Next meeting will take place on **September 5, 2018 from 2:00-3:30 PM at Linn County Public Health.**