

Linn County Wellness Rewards Program Incentive Details

The Linn County Wellness Rewards Program was created to demonstrate our commitment to well-being and the importance of engagement in the wellness program. A full description of the incentive program is below and will be referenced and discussed in more detail during future interactions with Health Solutions.

Incentive: Up to **\$500** delivered via payroll credit (and is subject to tax). Participants must be actively employed when the incentive is paid out in order to receive the reward.

- \$150 will be paid in October 2019
- \$350 will be paid in August 2020

BONUS: *There will be a \$100 prize raffle among participants earning 1,200+ points and the highest point earner within the County will also be rewarded an additional \$100!*

Eligible Population: All benefit-eligible employees are eligible to participate in program. Points are not prorated for part-time status or new hires.

To Earn the Incentive:

Earn **\$150** for earning **150 points** by completing the following steps by **September 30, 2019**

- Completing a health screening (choose one option below)
 - On-site Health Screening
 - Health Form
 - Weland Labs or LabCorp
- Complete a Review Your Results Session (choose one option below)
 - Online Video
 - Group Session
 - One-on-One with Health Coach

Participants will earn an **additional \$350** for earning at least 850 additional points throughout the fiscal year of July 1 – June 30. **Begin earning points on July 1, 2019.**

Additional Resources:

A number of resources are available to help you improve or maintain your health – including health coaching with Health Solutions, the Naturally Slim Program, Health Transitions University (if eligible) and many more! Learn more by watching the Review Your Results video in your wellness portal after you complete your health screening.

*Alternatives for completing the incentive requirements are available upon request.
Visit your Health Solutions wellness portal after July 1, 2019 to learn more.*