



EMPLOYMENT RESOURCES 2020

Name & Location	Phone Number	Days/Hours	Services Provided
GENERAL RESOURCES			
Goodwill of the Heartland 1441 Blairs Ferry Road NE Cedar Rapids, IA 52402	866-466-7881 (General) 319-739-5011	Monday - Friday, 8 AM - 4:30 PM	Employment and training services are offered to individuals with disabilities and other employment barriers in the community. We offer work readiness training to help individuals get back in the work force, as well as a variety of on the job occupational skills training programs in the career pathways of healthcare, custodial, hospitality, retail and light manufacturing. All of these training programs are designed to give individuals the tools needed to obtain and maintain employment. Job exploration, job placement and job retention services are offered to help individuals find employment and provide the supports to maintain that employment.
Iowa Legal Aid 317 7th Avenue SE, Ste 404 Cedar Rapids, IA 52401	319-364-6108 800-532-1275	Monday - Friday 8:30 AM - 4:30 PM <u>Phone applications:</u> Monday - Friday, 9 AM - 11 AM & 1:30 PM - 3:30 PM, except Thursday afternoons Emergency applications accepted on Thursday afternoons	Iowa Legal Aid can help with unemployment benefits and wage garnishments. Assistance also available for family law, custody and landlord issues. Free legal services provided for people who meet income and asset guidelines.
IowaWORKS 4444 1st Avenue NE, Ste 436 (Lower level Lindale Mall) Cedar Rapids, IA 52402	319-365-9474	Monday, Tuesday, Thursday & Friday 8:30 AM - 4:30 PM Wednesday 9 AM - 4:30 PM	The Iowa Works team provides many free services including: Unemployment insurance applications and assistance, computer training (internet, word, keyboarding, excel and email), access to computers and printers, one-on-one assistance with job search, resume critiques, mock interviewing, National Career Readiness Certification testing, workshops to enhance job search skills to be successful in the ever evolving job search arena, networking opportunities for job seekers and regional job fairs and many other opportunities. The Workforce Innovation and Opportunity Act funds also provide access to a variety of affordable training, education resources, work-based learning opportunities, and supports for in-school/out of school youth (14-24), adults (18+), dislocated workers, low-skilled or low-income persons with the vision to build a Future Ready Iowa with a pipeline of workers who are prepared to meet the workforce needs of Iowa's current and emerging industries.
Kirkwood Career Services Cedar Hall 2092 6301 Kirkwood Blvd SW Cedar Rapids, IA 52404	800-332-2055 x5540	Monday - Friday 8 AM - 5 PM Call for more information	Kirkwood's Career Services is a free resource to our students, alumni, and community members. We offer assistance in job seeking skills, or the career decision making process. For more information please visit: http://www.kirkwood.edu/careerservices . We also have a free job posting site open to all at www.kirkwood.edu/jobs . Services open to students and non-students, free of charge.

For more information regarding community resources, contact United Way 2-1-1 on a landline telephone at 2-1-1, by cellphone at 319-739-4211, or 1-866-469-2211. 211 now has an app that can be downloaded by searching "211 Iowa" on either Apple App store or Google Play. For more information you can visit www.211iowa.org/211app. To obtain a copy of the Resource Charts, go to www.linncounty.org/communityservices or contact Linn County Community Services at 319-892-5600. For questions about the Resource Charts, contact Linn County Community Services at 319-892-5600.

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Opportunity Center at the Ladd Library 3750 Williams Blvd SW Cedar Rapids, IA 52404	319-739-0456	Mondays & Fridays 11:30 AM - 1:30 PM Other times by appointment	Assistance with completing a resume, job applications, and career counseling; computer training (internet, word, keyboarding, excel and email), access to computers and printers, one-on-one assistance with job search, resume critiques, mock interviewing. Email: opportunitycenter@crlibrary.org
Promise Jobs 4444 1 st Avenue NE, Ste 436 (Lower level Lindale Mall) Cedar Rapids, IA 52402	319-365-9474	Monday, Tuesday, Thursday & Friday: 8:30 AM - 4:30 PM; Wednesday 9 AM - 4:30 PM	Must be receiving Family Investment Program (FIP) benefits to qualify for service. Services and activities include job seeking skills, assessments, career counseling, training, group and individual job search, unpaid work experience, vocational training, and post-secondary training. Transportation and childcare assistance available while you job search or participate in training. Work clothes and uniform funding may be available.
OLDER WORKER RESOURCES			
AARP Foundation Senior Employment 3311 SW 9th Street, Ste 300 Des Moines, IA 50315	800-775-6776 (for age 55+) 515-287-1787 (Fax)	Monday - Friday, 9 AM - 2 PM	Administers the Senior Community Service Employment Program (SCSEP). SCSEP helps low-income job seekers age 55+ gain the skills needed to re-enter or remain in the workforce. Provides participants with temporary training and income to prepare them for finding employment in the community. www.aarp.org/foundation
RESOURCES FOR PERSONS WITH DISABILITIES			
Iowa COMPASS 100 Hawkins Drive, #295 Iowa City, IA 52242 iowa-compass@uiowa.edu	800-779-2001	Monday - Friday 8 AM - 5 PM	Iowa Compass has information about programs and services for lowans with disabilities, their families and service providers. Access thousands of unique local, state and national programs for people with health related conditions and disabilities. Call, email or search the website for answers to your disability-related questions. www.iowacompass.org
Iowa Department for the Blind 524 4th Street Des Moines, IA 52309	515-281-1336 800-362-2587 (Des Moines)	Monday - Friday 8 AM - 4:30 PM Please leave message Aids & devices store open Tuesday, Wednesday & Thursday, 9 AM - 12 PM	Vocational planning and job placement for persons who are blind or visually impaired. Independent living services, library service for blind and physically handicapped.
Iowa Vocational Rehabilitation Services 4444 1 st Avenue NE Cedar Rapids, IA 52402 (Lower Level, Lindale Mall)	319-294-9308	Monday - Friday 8 AM - 4:30 PM	Career counseling. Assistive technology. Skill/academic training. Physical restoration. Job development and placement. Worksite modification. Employer education and follow-up. Tools/work equipment. Must have documented disability which causes some problems in getting, preparing for or keeping a job. Must be able to work.
Systems Unlimited 925 American Way SW Cedar Rapids, Iowa 52404	319-364-1985	Monday - Friday, 8 AM – 4:30 PM Supported Employment, any hours	Provides job exploration and preparation, job placement and coaching for any individuals with barriers to employment. Day programming, volunteer opportunities, movies, arts and crafts, computer classes and cooking classes.

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RESOURCES FOR OTHER POPULATIONS			
Bureau of Refugee Services 1914 Carpenter Avenue Des Moines, IA 50314	800-362-2780 or 515-875-5600	Monday - Friday, 8 AM - 4:30 PM	Employment services designed to enable refugees to obtain employment and improve their employability or work skills. Services may include developing an employability plan or a Family Investment Agreement, completing a skill assessment, assisting with job search and completing job applications, interpreting for job orientation, job upgrades, developing resumes, and job skills training.
Cedar Rapids Vet Center River Center Ct. Building 4250 River Center Ct NE Ste D Cedar Rapids, IA 52402	319-378-0016	Monday & Thursday 8:00 AM - 7:00 PM Wednesday 8 AM to 6:30 PM Tuesday & Friday 8 AM - 4:30 PM	Counseling services for combat veterans including individual, group, marriage and family counseling. Military sexual trauma and bereavement counseling for veterans.
Vocational Rehabilitation & Employment for Service Disabled Veterans 1642 42nd Street NE, Ste I Cedar Rapids, IA 52402	319-378-5582 or 319-378-5583	Monday - Friday, 8 AM - 4:30 PM	Employment training assistance and independent living services are provided to Veterans with service-connected disabilities rated at least 20% or more by the Veterans Administration. Based on eligibility.