

## 11.10 Essential Food and Non-Food Items

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### **11.10 Essential Food and Non-Food Items**

Food and Essential Non-Food Assistance pursuant to 11.7(1) and 11.10 shall be determined by the most current “Thrifty Food Plan” developed by the Iowa Department of Human Services (DHS) for food stamp eligibility (Attachment “B”) and shall be available only to eligible applying households meeting the criteria established in 11.3 (2). Those households shall receive a four day allotment.

1. Eligible applicants in need of food and essential non-food assistance are provided monthly assistance based on their household size.
  - a. One individual – \$26 voucher
  - b. Two individuals – \$47 voucher
  - c. Three or more individuals – \$68 voucher
2. Essential food items shall only include canned goods and fresh fruits and vegetables. Any and all other food products are excluded.
3. Essential non-food items shall only include toilet paper, tooth paste, soap, detergent, and deodorant products. Any and all other non-food items are excluded.